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Groupe d'Analyse Psychosociale, uOttawa

**Psychosocial Risk Manager (PRiMer):  
A Suite of Tools on Psychosocial Considerations  
in Planning and Mobilisation**

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University of Ottawa is in the capital, close to the Hill, with 40 000 students, ranked 7<sup>th</sup>/90 as research intensive oldest and largest bilingual university, French & English



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**- Program of Research  
- Suite of Tools and Training**

Under CRTI (CBRN Research & Technology Initiative) 2003 -

**Partners**

- Funding: Canada Centre for Security Science - DND (Consortium of 21 federal departments/agencies)
- Champion: Public Health Agency of Canada
- Sc. Lead: Dr Louise Lemyre, University of Ottawa
- With stakeholders: Public, NGOs, Private sector, Responders, Planners, Decision-makers

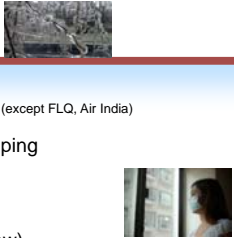


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**Canadian context**

- No history of major terrorist event (except FLQ, Air India)
- Image of benevolence, peace-keeping
- Special relationship with USA
- Major crises: SARS, BSE (mad-cow)  
Flooding, wild fires, snow, ice storm, black-outs
- Convergence of public health & public safety

Hence, in context of pre-event anticipation and preparedness (vs post-event rescue and recovery)



**Strategy : A Risk Assessment and Management paradigm**

The strategy is to include preparedness, response, mitigation and resilience in a larger **Risk paradigm**

- as a common language and platform
- within an all-hazard approach, yet customized
- across sectors (public, private, NGOs) and jurisdictions
- interdisciplinary
- across time spectrum (-3 to +3)

Pre-Event -3	Threat -2	Warning -1	Impact 0	Rescue +1	Recovery, honeymoon +2	Recovery, disillusionment +2	Reconstruction +3
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Steps:

- Define a **psychosocial** risk and resilience framework inclusive of public perception, public communication and public engagement
- Document an evidence-based case
- Derive implications for risk management and risk communication
- Develop tools to train and implement

**Revisiting Risk Definition for better mobilization**

**Risk = f ( Prob (Hazard), Prob (Consequences))**

- Traditionally, risk focuses on mortality and does not consider the social aspects of risk
- Risk= p(occurrence Hazard) x p(mortality+morbidity+**psychosocial ripple effects**)  
= Meaning and Relevance
- Risk consequences are also about behaviors and emotions.
- It affects families, business, communities, and societies.
- It should be analyzed in a systems approach (ecological model)

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## What does 'psychosocial' mean?

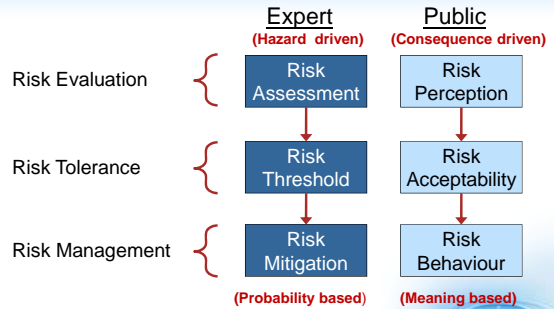
- Descriptive term for all human processes involving both psychological and social components.
- Relates to the way we think, feel and behave.  
(cognitive, affective, behavioral)
- It includes risk perception and preparedness
- *Psychosocial* applies to both individual and collective processes.



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## Recognize parallel streams: The Bio-Environmental Reality & the Psycho-Social Reality

Risk analysis according to experts and the public



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## I- Research : Understanding the issue(s)...

Building on cognitive processing of Perception of Risk:  
(Slovic, Fischhoff, Khaneman, Tversky, etc ...)

- Perceived probability are **non-linear**
- People overestimate small risks, **underestimate high risks**
- Dread and **Novelty** increase perceived risk
- People think of themselves as **invincible** (positive illusion)



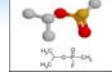
And based on behavior, fear and compliance, social psychology research

- **Fear alone does not induce** sustained behavior uptake
- Experiencing **self-efficacy** improves performance
- **Rehearsed behavior**, even mentally, improves performance
- **Mental models** (beliefs, understanding, norms) predict behavior

## A) Building evidence from Case studies

Sarin in Tokyo (1995)

- 12 deaths, 17 severely injured
- 9000 "psychological casualties" at hospital
- Bystanders helped



Gionia, Brazil (Radioactive garbage)

- 8 death
- 250 Exposed
- 200,000 tested for certification of non-contamination



Mad Cow (2003)

- 1 cow affected
- 0 death of Canadian origin
- Border closure
- 1 Billion dollars, bankruptcy, divorce, distress in farmers

## Canadian and international case studies

Eastern Ontario Ice Storm:  
Ontario and Quebec (1998)



Blackout  
(2003)



Red River Floods  
(1997)



Katrina  
(2005)



Kelowna Fires  
(2003)



London Bombing  
(2005)



SARS  
(2003)



Tsunami  
(2004)



Gander, Operation  
Sleepover  
(2001)



## B) Research through qualitative work

20 Focus groups with citizens across Canada on CBRN hazards  
Consultations in all provinces, by gender, age groups (also with First responder groups)

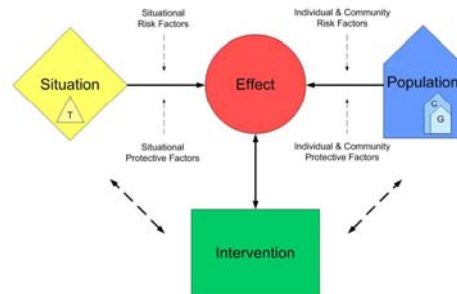
Key findings should be drivers of communication & interventions (motivation)

- Canada context: little history, perceived very low probability, 'aura'
- People focus more on the consequences than the hazard
- People would do things to protect dear ones
- Different views depending if under personal control (sense of mastery)
- People trust benevolence
- People do not differentiate between 'agents': Biological vs Chemical  
nor radioactive vs irradiated

### Key Findings:

- Focus groups with First Responders and Health Workers across Canada
  - Want their families protected
  - Know their SOPs but their own organizational emergency plans
  - Communication issues are their main concern
  - Do not know their counterparts in other organizations

### The Psychosocial Risk Assessment & Management (P-RAM) Framework



### C) Research with series of National Surveys

Series of National Public Surveys on Risk Perception & Preparedness

N=1500 Canadian, representative by province, gender, age  
 Phone interview of 30-45 minutes  
 Template from Slovic et al. & Krewski et al.  
 - List of Hazards x List of Appraisals

(1992: Environmental Hazards)  
 2002: Population Health Risks  
 2004: CBRN Terrorism Risks  
 2007: Food Risks  
 (2011 : Radiological & Emergent Risks)

### Key Findings: Factor Analysis of Risk Appraisal

Across CBRNE Hazards: 3 Dimensions are robust

	F1	F2	F3
	IMPACT	MASTERY	INTRICACY
Perceived severity for others	.97		
Perceived severity for oneself	.89		
Perceived likelihood (prob.)	.33		
Perceived knowledge		.53	
Perceived control		.42	
Perceived complexity			.51
Perceived uncertainty			.39

→ Public communication to better address Mastery and Uncertainty

### Key Findings:

#### Where get their information?

1<sup>st</sup> source : Friends & Family  
 → social norms, public education, social media

Mass media more than government websites

#### Trust :

Government < Media < Friends < Experts (p < .01)

#### Discriminant function of Trust between spokespersons (Loadings, p < .01)

Integrity	.64*
Discourse Plausibility	.56*
Working towards Public's Good	.55*
Competence	.34

### Key Findings:

\* Manova analysis on differences for perceived risk  
 Social Environment > Physical Environment

\* Significant interactions with Gender, Education, Region

\* Main correlates: Severity, Uncertainty, Sense of Control

Public Perceived Risk =

P. Prob + P. Conseq + P. Uncertainty + P. Control

## Key Findings: Empowerment

Using Regression Analysis ( $p < .01$ )

### - Personal Preparedness

= *P.* coping efficacy + Front-line preparedness

is predicted by **Behavioral efficacy** and **Perceived Front-line Preparedness** (Knowledge, Skills, Feasibility: Sense of Mastery) (Neighborhood)

### - Avoidance Behavior

= Worry + Lack of control + Uncertainty

is predicted by degree of Worry (severity), Lack of perceived control, and Uncertainty / complexity

So, ... it means:

- increase relevance of preparedness, not fear
- show achievable solution
- empower through knowledge and network

→ public education (e.g. on radioactivity)

## Uncertainty

- Focus Groups
- Survey Analysis
- Experimental Work

- **Manipulating types of uncertainty in messages**

Divergence of sources / Contradiction of data / Lack of data



ontological



Stochastic



semantic



epistemic

## Challenges in Managing Public Responses to Extreme Events

From the Needs Assessment Consultations derived 4 objectives

1. Planning for public involvement, community capacity and resilience
2. Providing psychosocial training for responders and decision-makers
3. Maintaining public trust and confidence
4. Establishing inter-organizational decision-making

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## II- CBRN Training Program and Tools (PRiMer)

To reframe within a Population Health framework

From just about...

To include...

- |                            |   |                              |
|----------------------------|---|------------------------------|
| • Hazard                   | → | • Consequences               |
| • Mortality / adversity    | → | • Resiliency                 |
| • Reactive                 | → | • Proactive                  |
| • Individual vulnerability | → | • Collective capacity        |
| • Expert Control           | → | • Engagement & Collaboration |



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## Program & Tools

### 5 Tools

- Web-based Self Study Guide
- One-Day Workshop
- Interactive Decision Support Tool
- Psychosocial Checklist
- GIS Capability Tool

### 5 Psychosocial Considerations

- Perceptions Matter
- Routines Predict Behaviour
- People Act in Purposeful and Adaptive Ways
- People Are Differentially Affected
- People Want to Connect and Help

### 5 Principles

- Anticipate
- Communicate
- Listen
- Empower
- Coordinate



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## Web-based Guide

(synthesis of evidence-based psychosocial considerations)



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## One-Day Training Workshop




A focus on:

- Case studies
- Simulation & Role-play
- Group activities
- Hands-on exercises
- Intro to *Psychosocial Decision Support Tools*

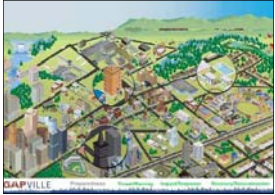
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## Gapville Interactive

### Educate & Inform:

- Used to put psychosocial needs of at-risk populations in a community context
- Provides resources for further consultation





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## Sharing our Strengths

### The PRiMer Decision Support Tool


Sharing our knowledge base of psychosocial responses to extreme events, and tools to prepare your community, pre-event.

- Psychosocial Checklist
- Gapville Interactive
- Social Media Based Capability Tool: Community Mapping using Google Maps






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## GIS CapabilityTool



- Geographic Information Software (GIS) allows planners to access a map of their community through Google Maps
- Legend provides planners with various symbols that can be used to plot resources, organizations, communication points


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## Psychosocial Checklist


### Assessing Needs:

- Used to 'map' psychosocial issues
- Focuses users on gaps in their planning
- May be completed online or on paper



#	Psychosocial Consideration	Considered
1.0	Do you know who will be most at risk to the outcomes of an extreme event?	yes
1.1	Have you mapped all the populations for your community?	yes
1.2	Do you know how people are likely to be affected?	yes
1.3	Are resources available for those with special needs?	yes


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## Capability Tool

### Community Mapping Pre-event:

- Community mapping using Google Maps; shared or private
- Asset categories: people, service, space and equipment
- Allows people to make connections and determine needs, *pre-event*





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**PRiMer**  
Psychosocial Risk Manager

## Community Mapping

**The power of pre-event asset mapping...  
From reactive to proactive,  
individual vulnerability to community resiliency**

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**Substantive Issues :**

- Understanding the public - more than false perception
  - other valued dimensions/stakes
  - listening, polling, engaging
- Empowerment
  - conveying Sense of Mastery, Efficacy
  - educating, training (info, skills, rehearsal)
  - sharing responsibility and governance
- Uncertainty
  - maintaining Trust,
  - explaining unknowns
  - transparency

**Next steps**

- Inter-organization communication ...
- Risk Governance
- Social media as a means and a challenge

**Currently:  
In-Vivo Simulation of Shared Decision Making**

**Task 1: Framework Development**

**Shared Decision Making (SDM) Framework**  
A Model for Inter-Organizational Problem Solving

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**Model of inter-organizational problem solving**

**Task 2: Hydra-like experiment**

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**Independent Variables**

The approach to decision making... Coordinated or Collaborative

The composition of participant groups – Homogeneous or Mixed.

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## Example of experiment

- Video Conferencing Between pod participants
- Delivery of Vignette
- Delivery of Coordinated or Collaborative tasks
- Collection of Data



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## Videos YouTube

- [Gap-Santé Video](#)
- [PRiMer Overview Video](#)
- [PRiMer DST Video](#)
- [Social Media Video](#)
- [C4 SDM Framework Video](#)
- [In-Vivo Tool Video](#)

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